**3 things you should prioritize for a more enjoyable life**

Now adays it seems like people have so many things they need to worry about when they are trying to make the best out of their lives. In this post were looking at the things that will enhance how you feel on a day to day basis and hopefully these principles will allow you to enjoy life more. Keep in mind that the principles we touch on were picked ahead of some of the more obvious picks and we believe that these principles will help show you how implementing one thing can have an impact on so many areas of your life in a positive way.

#1 Do something that keeps you creative

We as people seem to lose the creative side of ourselves the older we get, and the bigger shame is that people seem to be okay with that as if its part of the process of growing up. But allowing yourself to lose touch with your creative side is more impactful than you think, you see the people that are the best at what they have an element of creativity to how they operate. For example, if you want to be an above-average stock broker you can’t just invest in the same stock everyone else is so you have to take a rick with something that’s unconventional and that’s what the essence of creativity is being unconventional with your approach.

When people hear creativity they picture the likes of musicians, painters and other forms of art, but they rarely think of the likes of Jeff Bezos who built amazon to be an online book store but ended up turning it into something so much more. Having a more create mindset and approach doesn’t just work in your professional life in fact the biggest impact it has is in your day to day life because life is hard and it’s easy to fall into a doom and gloom point of view but having a more creative approach to life in general allows you to come up with more ideas to solve the problems if and when they arise.

So how do we start to adopt this mindset, well that’s simple it starts with doing something creative whether that’s writing fiction, painting or role playing in the bedroom it doesn’t matter and better yet it doesn’t have to be good it just has to be done.

#2 Do something that keeps you learning

Most people treat the act of learning as some sort of painful experience that has to be done to in the early years of life. Because most people hate school and the process it uses to teach, but most people have never tried to learn something that is based on their own interests and boy are they missing out.

When you learn something out of your own will you gain a different type of pride and accomplishment for the thing you learn instead of doing it based on the external values of society that fuel you with the fear that you won’t be financially secure if you don’t get a college degree. The benefits of self-learning are endless but the main ones in relation to general life is that you will become more confident/sharper in all aspects of life.

The reason for this is that when you set out to complete a mental task at some point you will feel like you’re not capable of completing it, but the reality is that you just need to slow your mind down and keep working at it and self-learning indirectly gives you that ability because self-learning involves you picking a topic/subject that you are interested in and because there is no deadline to learn it nor is their a test at the end, it allows you to get comfortable with the working with your brain instead of forcing it to work faster. So when find yourself in an unfamiliar situation instead of feeling overwhelmed your going to be more inclined to see the situation for what it is and take a calm and confident approach and before you know it what looked unfamiliar and scary is now comfortable and doable. Because at the end of the day that’s all learning is getting comfortable and familiar with something that seems alien to you.

#3 Go out of your way to make new friends along the way

Theres too many people in the world for there to be lonely people in the world, when we were kids all we had to do to make friends was just talk to each other and before we knew it we best friends. But the older we get the more pressure we put on making friends and their so many reasons for it whether its down to our insecurities or its down to our internal prejudices that we have on others.

Well to anyone that has any of insecurities or prejudices that stops them making friends there’s a simple reason that you probably haven’t been told yet as to why you start trying to get over those hurdles. That reason is because you’re not that smart, you see in life it seems that a lot of the closet relationships and bonds that are formed don’t look ideal on paper but they work better that anything that could be planed.

So how do you get rid of all the preconceptions? Truth be told I don’t know but what I do know is that the best part about life if the people we share it with and the more good people we can share life with the more enjoyable it becomes.

We hope you enjoyed the post stay tuned for more